



## ST. ANDREW'S CATHEDRAL

740 View Street, Victoria, BC V8W 1J8

Office Hours: Monday to Friday, 8:30 am - 4:00 pm

Phone: 250-388-5571

Email: standrewscathedral@gmail.com

Website: www.standrewscathedral.com

### Sacramental Information

**Baptism:** If you are seeking the Baptism of an infant, please contact the parish office at 250-388-5571. As Baptism is the first Sacrament of initiation into the Christian faith, we expect that the parents (or guardians) desire to raise the child in the Christian faith and will attend Mass regularly.

Upcoming dates available for baptisms will be the weekends of:

— 2026 —			
Prep Class	Baptism	Prep Class	Baptism
Mar 7	Mar 22 (11 am)	July 4	July 26 (9 am)
May 9	May 30 (5 pm)	Sep 12	Sep 27 (11 am)

**Marriage:** Because the Church is deeply concerned about each marriage, couples are asked to give a minimum of six months' notice prior to the intended date of their wedding. Church policy requires that marriages be performed in your home parish – unless you are registered and attend elsewhere.

**Funeral:** Individual arrangements with a priest. Begin by calling the parish office.

### Ministry to the Homebound

If you know of anyone who cannot make it to Mass each week due to sickness or infirmity, and who would like to receive Communion in their home, care homes, or hospital, please contact the parish office by phone (250-388-5571) or by email ([standrewscathedral@gmail.com](mailto:standrewscathedral@gmail.com)).

### St. Andrew's Cathedral Pastoral Council Members

Jonathan Eades (Chairperson)	John Mellis (Vice-Chair)
Maria Arsenault	Faye Baligod
Gladys Bravo	Richard Dunstan
Frank Falzon	Tim McGee
Jim O'Reilly	Chris Ryzuk

### Pastoral Staff & Ministries

Bishop of Victoria	Bishop Gary Gordon
Cathedral Rector	Fr. Dean Henderson
Hospital Chaplain / Priest in Residence	Fr. Sean Flynn
Assistant Priest	Fr. Claude Makulu
Deacon assigned to Parish	Deacon Philip Yuson
Office Manager & Parish Responsible Min. Coordinator	Rita Fichtner
Pastoral Assistant	Matthew Orlowski
Office Assistant	Anjali John
Custodian	Steve Thompson
Director of Musical Worship	Iason Giagtzoglou
Sacristan	Sandi Riddett
Respect Life Ministry	Annette Turgeon (250-812-0087)
Finance Committee Chairperson	Dan Hickey

Hospital Chaplain (RJH/VGH) ..... 250-889-3761

### Weekday Eucharistic Liturgies

Monday - Friday: 12:10 pm  
Wednesday & Thursday: 5:00 pm

### Weekend Eucharistic Liturgies

Saturday: 9:30 am and 5:00 pm (Anticipated Sunday)  
Sunday: 9:00 am, 11:00 am, 5:00 pm

### Eucharistic Adoration

Saturday: 8:50 am – 9:20am

### Reconciliation

Monday – Thursday: 11:30 am – 12:00 pm  
Friday: 10:30 am – 11:30 am  
Saturday: after morning Mass (*upon request*)  
3:45 pm – 4:45 pm

**WELCOME!** You enter this Church not as a stranger, but as a guest of God. As a baptized person, you enter it as a son or daughter of the Father in Christ. Come in then with humility of mind, joy of heart and thanks on your lips. Acknowledge the Lord's presence in the Tabernacle and adore him. Come in and pause in prayer in the midst of your busy life and its many worries. Be grateful to those who, for the glory of God and in honour of St. Andrew, built this place of worship with faith and sacrifice, and sanctified it with their songs and prayers.

Anyone who wishes to practice the Catholic faith by attending this Cathedral church may consider St. Andrew's as his/her own parish, no matter where one lives on the lower island. You simply need to register. Registration forms are available in the Cathedral Narthex. Simply fill it out and place your completed form in the collection basket.

If you find yourself pregnant and in need of accompaniment during your pregnancy, Respect Life Ministry is here for you. We have a broad means of support during and after the pregnancy. Call Annette at Respect Life Ministry to learn more: **250-812-0087**

## THIS WEEK IN THE PARISH

**Rosary:** Mon - Fri at 11:40 am; Sat at 8:25 am; Sun at 4:30 pm  
**Perpetual Help Devotions:** Wed following 12:10 pm Mass  
**Cathedral Hours:** Mon - Fri: 10 am - 4 pm; Sat/Sun: 8 am - 6 pm

### Mon Jan 26 ST. TIMOTHY & ST. TITUS

11:30 am Sacrament of Reconciliation  
12:10 pm MASS for the Int. of Patricia Rooke

### Tue Jan 27

11:30 am Sacrament of Reconciliation  
12:10 pm MASS for Juanita Moreno+  
6:00 pm Legion of Mary (DCR)  
7:30 pm Prayer Group (Zoom)

### Wed Jan 28 ST. THOMAS AQUINAS

7:00 am Men's Scripture Study (Library)  
**Parish Office Opens at 9:30 am**  
11:30 am Sacrament of Reconciliation  
12:10 pm MASS for the Int. of Patricia Hynes  
2:00 pm Who am I to Judge Faith Study (CDR)  
5:00 pm MASS for the Int. of Katalia & Chikodi Family  
6:00 pm Break Free (MTL)+  
6:30 pm Who am I to Judge Faith Study (Zoom)

### Thu Jan 29

11:30 am Sacrament of Reconciliation  
12:10 pm MASS for Joseph Schembri+  
5:00 pm MASS in Thanksgiving

### Fri Jan 30

10:30 am Sacrament of Reconciliation  
10:45 am Lectio Divina (Library)  
12:10 pm MASS for Rosa Martins +

### Sat Jan 31 ST. JOHN BOSCO

8:50 am Eucharistic Adoration  
9:30 am MASS for the Int. of Joseph Dumas  
3:45 pm Sacrament of Reconciliation  
5:00 pm MASS for the Int. of Thomas & Kathleen Phillips

### Sun Feb 1 4<sup>TH</sup> SUNDAY IN ORDINARY TIME

9:00 am MASS for the Int. of Lynda Sanchez  
11:00 am MASS for St. Andrew's Cathedral Parishioners  
12:30 pm Sacramental Preparation (Parish Centre)  
1:00 pm El Shaddai (Seghers' Hall)  
4:30 pm Family Potluck (CDR)  
5:00 pm MASS for Michael Paglinawan+

## Old Palms

Lent is just around the corner. You are invited to bring your old palms to the Church and place them in the box located in the Narthex. The palms will be burned and the ashes used for Ash Wednesday.



## "Creating a culture of vocation at the Cathedral"

**"Follow Me, and I will make you fishers of men."**

Matthew 4:19

### National Catholic Schools Week: February 1 – 7

Jesus calls each of us to follow Him boldly in a unique way. Catholic education helps plant the seeds of that vocation in young hearts. During National Catholic Schools Week, we celebrate how education forms disciples in faith and character. How has Catholic education — in schools or faith formation — helped shape your faith? How can we continue to encourage young people to listen for God's voice? Could He be calling you to the priesthood or consecrated life to help form others in His ways?

### † Prayer for Vocations

*Heavenly Father, bless your Church with an abundance of holy and zealous priests, deacons, brothers and sisters. Give those you have called to the married state, and those you have chosen to live as single persons in the world, the special graces that their lives require. Form us all in the likeness of your Son so that in him, with him and through him we may love you more deeply and serve you more faithfully always and everywhere. With Mary we ask this through Christ our Lord. Amen.*

## Vocation Live In Event

There will be a Vocation Live-In on the weekend of February 7-8 at the Seminary of Christ the King in Mission, BC. Any male wishing to enter the Seminary in the next couple of years is welcome. For more information phone 604-826-8975 or email [rector.minors@sck.ca](mailto:rector.minors@sck.ca)

### Let Anyone with Ears Listen!

Do you hear God's call for you in your life? Have you considered the way of loving called "priesthood", "diaconate", or "religious life"?

If God may be calling you, contact the Director of Vocations in the Diocese of Victoria:

Fr. David Hogman:

[dhogman@rcdvictoria.org](mailto:dhogman@rcdvictoria.org)



## From the Rector's Desk

### Sunday of the Word of God

As always, in the sacristy prior the celebration of Holy Mass, the servers, readers and I gather for a prayer of preparation to serve well. Last Sunday at the 11 am Mass, we had a particularly large group of youth Servers, two of whom were brand new. With a sense of mischievousness, I addressed the Servers with a countenance of gravity and explained the new expectation at the Cathedral was that every boy Server must become a priest and every girl Server must enter the convent!!! With expressions of incredulity and in some faces, terror, I eventually admitted I was teasing them and that it was only God who could call anyone to a religious vocation. We all had a good laugh. But what remains with me is the admission one of the new girl Servers who expressed: *"You know Father, I have long thought I might like to be a Nun"*. Go figure. Parents, if you have a daughter who might like to explore a vocation to religious life, bring them for a conversation with me and let's cultivate their sense of vocation. Pictured are four women I pray daily for with thanksgiving for having some small part in their calling while I was Campus Chaplain. From left to right and clockwise: Consecrated Virgin Marie Arsenault from our Cathedral Parish, Sr. Marie Thomas a Dominican Sister from the Queen of Peace Monastery in Squamish, Tesi Carmona-Wagner a consecrated Virgin in Mexico City and Sr. Fedelis (Clare Bartle) a Benedictine contemplative Sister in Colorado. Praise God for our Vocations.



I mentioned at all my weekend Masses of the pending changes coming within the Cathedral and without. Council and I will do our best to keep the parish apprised of progress on both the interior painting project and the exterior addition of the security fence on the plaza. Thanks to the good stewardship of previous Cathedral

administrations, we have the budgeted \$400K in our reserved funds and an additional \$20K for the fence (we may be eligible for a City of Victoria Police grant for 5-10 thousand dollars for the fence). Regardless, we would not refuse any contribution toward these necessary maintenance and improvement projects. You may be interested to know that Chris Ryzuk from our Parish Council has been diligently managing these projects (and others) behind the scenes and helping us with professional consultations, design planning and securing best bids. He has a proven track record at the Cathedral, providing invaluable technical knowledge combined with love for this beautiful Church. Thanks Chris. If you've any questions or concerns, direct them to me and I'll respond as best I can. I assure you that we are striving to be excellent stewards of all resources that God has blessed us with; property, monetary and human.

I invite you to join me and our Bishop at Christ Church Anglican Cathedral Sunday at 4:00 pm for the closing prayer service of the Week of Prayer for Christian Unity. Admittedly, there's too little unity amongst Christians, not nearly enough prayer between us, and an unfortunate dearth of interdenominational friendships. In my youthful Christian service here in the Capital City, we had both an Evangelical Association of Pastors and a Downtown Church Association; both now defunct. Reasons for this collapse are many and complex but the Catholic Church, as Jesus himself, expects us to pray and work toward unity in Him. I recently had a coffee with a retired Pastor friend and felt enriched in my Catholic faith while appreciating the good God is doing in his community. What we really have in common is a love for Scripture and the Lord whom the Word points us toward. Jesus is our Saviour, Lord and friend. Peace in Him,

Fr. Dean

## Family Potluck

Calling all families with little ones! Join us for a potluck dinner on **Sunday, February 1<sup>st</sup>** from 4:30 – 6:30 pm in the Parish Centre dining room, where good food, laughter, and community come together. Whether your kiddos are tiny babes or full of energy, this is the perfect chance to connect with other families while enjoying a delicious meal.



Bring a dish to share (homemade or store-bought—no judgment here!). Don't worry if your little ones are noisy or messy—this is a family-friendly event, and we're all in the same boat!

**RSVP** to Andrea Collins at [awalkercollins@gmail.com](mailto:awalkercollins@gmail.com).

## From the Desk of Respect Life Ministry

Annette Turgeon

### A Morning of Adoration, Holy Mass, and Fellowship at St. Andrew's Cathedral

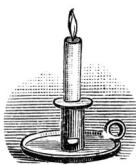
St. Andrew's Cathedral warmly invites all men of our community to join us for a grace filled morning of prayer and fellowship on Saturday, January 31<sup>st</sup> starting at 9 am.

This special gathering begins with **Eucharistic Adoration**, a quiet and powerful opportunity to rest in the presence of our Lord and deepen our relationship with Christ. Whether you come seeking peace, guidance, or simply a moment of stillness, Adoration offers a beautiful space to encounter God's love.

Following Adoration, we will come together to celebrate **Holy Mass**. After Mass, all are invited to **Seghers Hall** for a relaxed and welcoming **meet-and-greet**. The **Knights of Columbus** will provide **lunch and refreshments**, offering everyone a chance to enjoy good food and good company. This is a wonderful chance to connect with fellow parishioners, build friendships, and meet other Catholic men who are seeking to grow in faith, service, and community. Whether you are new to the parish or have been here for years, you'll find a warm and encouraging environment.



Richard Grosset  
Knights of Columbus Deputy Grand Knight



### Blessing of Candles

**Monday, February 2<sup>nd</sup>** is the Feast of the Presentation of the Lord and a day upon which candles are traditionally blessed. You are invited to bring your candles **BEFORE** 12:10 pm Mass that day and to place them upon the table located in front of the altar. You may collect your candles after Mass.



### Blessing of Throats

A special blessing of throats, traditionally given on the feast day of St. Blaise, will be offered at the 12:10 Mass on **Tuesday, February 3<sup>rd</sup>**. The blessing of St. Blaise for ailments of the throats and all other evils may be received by all, including those who are not Catholic.

Respect Life Ministry has undertaken an Intercessory Prayer Ministry at St. Andrew's Cathedral which ministers on the 3rd Sunday of each month. The next Sunday is February 15<sup>th</sup> after the 11 am Mass.

The number of people seeking Intercessory Prayer is an indication that God is blessing this ministry in so many ways. We have 5 teams of 2 praying with individuals. All prayer requests are confidential. We do not follow up with the individuals that have come for prayer. Intercessory prayer is private, personal and intimate. Each person is highly respected for their courage, their vulnerability and trust is absolutely given.

Father Dean and I have received feedback of the power of the Holy Spirit during the prayer time. Glory to God! It is important to note that each person that is seeking intercessory prayer has a story about themselves or someone they are asking prayer for in 'proxy'. Hence, we encourage the persons seeking prayer to come having identified their specific prayer request. Intercessory prayer is not healing ministry. Advice and counsel is not given out. It is each prayer team interceding, praying before God for your request. Please take the time to read about what Intercessory Prayer is which can be found in the bulletin. The Intercessory Prayer teams welcome you with open, non-judgmental prayerful hearts.

### Senior Saints Event

**Tuesday, February 17<sup>th</sup>**



*Are you thinking pancakes for 'Shrove Tuesday'?*

Please join us at the Cathedral for noon Mass, followed by a plate of pancakes and sides, and a good chit-chat, on this light-hearted day before the sombre season of Lent begins.

As ever, please notify the Cathedral office and the planners of any food restrictions, and of numbers in attendance, to help us plan for hospitality for all!

## “Break Free”

Break free from the addictive cycles of lust, pornography and sexual addiction. This Spring, St Andrews Cathedral is offering a men's ministry called **Break Free** that is designed to help men find freedom from sins of lust and discover the beauty of God's plan for sexual intimacy.

From previous participants:

*“Break Free has taught me that no matter how low you go in your addiction, there is always hope. I've learned that no matter how much I stumble, I can trust in the Lord to lift me back up.”*

*“Break free has been really helpful in my journey towards purity and chastity. It gives you a perspective that helps you find the root of your struggle, and how to let God heal that part of yourself. Equally important, it provides a community of people with similar struggles and aspirations, who can journey with you. I would highly recommend it to anyone seeking to grow in chastity.”*

According to the Barna Group/Pure Desire Ministries, 74% of men in the church view pornography on a regular basis. Break Free is a group that every man should attend to be equipped with the tools needed to finish strong. Chains are broken and lives can be restored. Discover how to renew your mind and break destructive patterns.

**Break Free** will meet at St. Andrew's Cathedral (Mother Theresa Lounge) in a small-group format to provide a safe, anonymous space for men to be accountable to each other. This is a place where single or married men over the age of 19 can come together for support and acceptance.

We will go through a 12-week curriculum that will cover:

- *Conquer Series: The Battle Plan for Purity* (trailer, <https://www.youtube.com/watch?v=-zNEGkXBwU>),
- *Forged: 33 Days Toward Freedom* (Jason Everett, <https://chastity.com/products/forged/>)
- *Theology of the Body* (St John Paul II) that provides proven principals and practical tools to help you to reform your mind and walk with sexual integrity.

**Start Date: Wednesday, February 25<sup>th</sup>, 7 – 9 pm**

To register or make inquiries, John & Rob can be reached at [break.free.victoria@gmail.com](mailto:break.free.victoria@gmail.com)

## Change of Address?

If you have moved or changed your email/phone number in the past year or so, please make sure to update your information with the parish office. Tax receipts for 2025 donations will be prepared soon and having updated information will help the parish save on postage expenses by reducing returned mail.

## Discovery Faith Study

**Discovery** is a 6-week, small-group faith study that focuses on the person of Jesus. It gives a foundational understanding to the Catholic faith and explores what it might mean to have a personal relationship with Jesus, while at the same time challenging our perspectives towards God. Do you feel that God is distant, impersonal and wish you could grow closer to him in your spiritual life?

If you're new to the Catholic faith, or a longtime Catholic, but your faith has mostly become a matter of routine... Consider taking Discovery, and bring your questions, thoughts, and an openness to encountering Jesus Christ.

To register, please contact the parish office at 250-388-5571 or email [standrewscathedral@gmail.com](mailto:standrewscathedral@gmail.com).

We will meet on Monday evenings from 7:00 – 8:30 pm, beginning **February 9<sup>th</sup>** in the Parish Centre. Questions: Contact Matthew at [morlowski@rcdvictoria.org](mailto:morlowski@rcdvictoria.org).

## Homebound Ministry

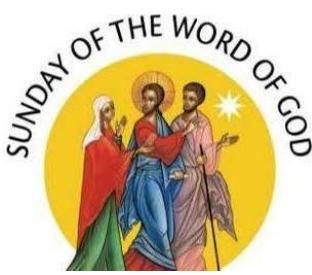
The Homebound Ministry is looking for volunteers who can bring the Lord to our homebound parishioners, either in their own homes or at a care home facility. We currently have 20 volunteers serving about 70 parishioners. Volunteers must have a love for the Eucharist and have the skill to listen to those they visit. Please pray about this ministry. If you want more information, please send an email to [pyuson@rcdvictoria.org](mailto:pyuson@rcdvictoria.org).

Due to the sensitive nature of the ministry, volunteers will need to undergo a criminal record check.

## What is Intercessory Prayer?

*Intercessory prayer is a vital practice in the Christian faith. It involves praying on behalf of others. This gift allows believers to support one another spiritually. Through intercession, prayers become a powerful tool for change.*

*Intercessory prayer means praying specifically for others. Unlike personal prayer, where one asks God for their own needs or guidance, intercession focuses entirely on the needs of the person asking for prayer. It is an act of love and compassion, showing concern for the well-being of others. Intercessors stand in the gap between God and those they pray for, acting as spiritual advocates. This kind of prayer is often persistent and filled with faith, trusting that God hears and responds.*



*"The Bible is not meant to be placed on a shelf, but to be in your hands, to read often—every day, both on your own and together with others."* Pope Francis urged Catholics not to neglect reading the Bible: never to take God's

Word for granted, *"but instead to let ourselves be nourished by it, in order to acknowledge and live fully our relationship with Him and with our brothers and sisters".*

We're used to hearing scripture at Mass, but many Catholics are intimidated by the idea of opening up a Bible and reading it on their own. You might be thinking "I don't know where to start," or "It's hard to understand." Don't be afraid: *"In the Sacred books, the Father who is in heaven meets His children with great love and speaks with them."*

A few practical suggestions for how to get started:

- **"Bible in a Year" podcast** with Fr. Mike Schmitz. You can start anytime. for each day Fr. Mike reads a few chapters and gives commentary to help us understand the reading and its place in salvation history.
- Use a **Bible reading plan** that will walk you through the whole Bible in a sensible order, divided into short readings for each day. Guide pamphlets can be found in the church!
- Read along with the **Daily Mass Readings**. These can be found online, in a missalette, or in various apps.
- Join a **Bible study or faith study** such as the *Discovery* faith study elsewhere in this bulletin.
- A **Bible app** on your phone. There are countless apps that will let you have the Word of God with you always.

### **What is "Lectio Divina"?**

Latin for "Divine reading", Lectio Divina is a traditional method of praying with scripture that comes out of the monastic tradition, but which is easy to practice in everyday busy life. It consists of 4 steps:

1. **Read.** Select a short passage and read it slowly and intentionally. Imagine yourself in the scene. Pay attention to anything that stands out to you – a word, a phrase, an image, a question...
2. **Meditate.** Let the words sink in. Reflect on them while sitting in the presence of God.
3. **Pray.** Allow the meditation to lead you into conversation with God. How is God speaking to you through His Word today? How is he asking you to respond?
4. **Contemplate.** Rest in God's presence, letting go of thoughts and words, simply being with him, receiving his love as a gift.

*Come check out our Lectio Divina group on **Fridays at 10:45 am** in the Parish Library!*

## **Ministry Volunteers Needed**

We need additional volunteers to assist as Ministers of the Word, Extra-Ordinary Ministers of Communion, Rosary Leaders and Altar Servers at our 12:10 pm Monday – Friday Weekday Mass, our 5:00 pm Wednesday – Thursday Weekday Mass, our 9:30 am Saturday Daily Mass and our 5 pm Saturday, 9 am & 5 pm Sunday Weekend Masses.

Please contact the parish office at [saintandrewsoffice@gmail.com](mailto:saintandrewsoffice@gmail.com) for more information or to volunteer.

### **News from the Chancery**

- All are invited to join Catholic schools across Vancouver Island in celebrating Catholic Schools Week from Feb 1 – 7, 2026. This year's theme, *"Living, Celebrating, and Proclaiming Our Faith,"* highlights the vibrant role of Catholic education in nurturing faith-filled communities. Information about events can be found on the events page at <https://www.rcdvictoria.org/events/february-1-7-catholic-schools-week> or by visiting your local Catholic school's website: <https://cisdv.bc.ca/schools/>
- Development and Peace – Caritas Canada is hosting two workshops in the Diocese of Victoria for the upcoming 2026 Share Lent Campaign. This year's theme is *"On Track for Justice"* focusing on a project in Brazil. Raphael Preston, the animator for BC and the Yukon, will lead the workshops. All are welcome.
  1. The Mid-Island workshop will be held on Fri, Feb 6<sup>th</sup> at Holy Trinity Parish (6224 Spartan Road, Nanaimo) from 10:00 am–12:30 pm. Mass will be celebrated at 9 am, followed by coffee and tea for those who wish to attend before the workshop begins.
  2. The South Island workshop will be held on Sat, Feb 7<sup>th</sup> at Sacred Heart Parish (4040 Nelthorpe Street, Victoria) from 9:30 am–12:00 pm. A light lunch will follow.
- The next application deadline for the local Indigenous Reconciliation Fund is coming up on February 15. Indigenous groups from Vancouver Island and the surrounding islands are invited to apply for funding for projects that foster good medicine for people harmed by the legacy of residential schools. For more information and the application package, please visit <https://www.rcdvictoria.org/irf> or call 250-800-3167.
- The Diocese of Victoria Health Care Committee has released two resources for families before and after a loved one dies. Digital and downloadable copies of the *A Catholic Perspective: What Family Members Need to Know Before and After a Loved One Enters Eternal Life* resources are available on the Diocesan website: <https://www.rcdvictoria.org/care-of-the-dying>

## Groups to Join at St. Andrew's

### BIBLE STUDY

Seasonal guided weekly bible studies. Registration required.  
Contact: Bernadette O'Connor  
bernadette.oconnor@wsp.com 250-896-4136

### BREAK FREE MEN'S MINISTRY

Helping men find freedom from impurity.  
break.free.victoria@gmail.com 778-587-6421

### COUPLES FOR CHRIST

Charismatic community journeying together as families toward holiness  
Contact: Alfred & Rona Biona  
standrewschapter@gmail.com 250-888-8670

### EL SHADDAI

Charismatic prayer, formation, and fellowship  
Contact: Florita Cadiz  
florleopardas@yahoo.com.hk 250-415-7720

### FAMILY MINISTRY

1<sup>st</sup> Sunday monthly potluck gathering for families with children  
Contact: Andrea & Stephen Collins  
awalkercollins@gmail.com 778-966-4623

### KNIGHTS OF COLUMBUS

Catholic men's organization for fellowship, service, and charity  
Contact: Joe Cavin  
joseph.cavin@gmail.com 778-533-0405

### KP – FILIPINO CATECHISM OF THE CATHOLIC CHURCH

Fellowship and discipleship, as well as organizing church events rooted in Filipino Catholic traditions.  
katesismongpilipino@yahoo.com

### LECTIO DIVINA

Weekly prayerful reflection and sharing on a scripture passage  
Contact: Rod Crutcher rodcrutcher@me.com

### LEGION OF MARY

Devotional prayer and works of ministry and mercy  
Contact: Faye Baligod  
faye\_baligod@hotmail.com 250-885-8773

### MEN'S SCRIPTURE STUDY (Wed @ 7 am - Parish Library)

Focusing on specific Bible passages for Sunday's Mass  
Led by Father Dean Contact the Parish office to register

### MISSIONARY FAMILIES OF CHRIST

Evangelistic community of families empowered by the Holy Spirit  
Contact: Alvin & Michelle Almonte  
mfvcatoriabc@gmail.com 778-350-5922

### PEOPLE OF HOPE PRAYER GROUP

Charismatic prayer group that meets weekly online (Zoom)  
Contact: Lynn Weedmark  
hilynn@telus.net 250-477-4700

### SMALL-GROUP FAITH STUDY

Small-group faith study that focuses on the person of Jesus  
Contact: Matthew Orlowski morlowski@rcdvictoria.org

### YOUNG ADULTS GROUP

Monthly Eucharistic adoration followed by fellowship  
Contact: Alastair Mascarenhas alastairmascar@hotmail.com

## Pastoral Ministries

### ALTAR SERVERS

Contact: Ben Ocampo 250-896-4136

### CHURCH STEWARDS

Contact: Betty Boechler bettyboechler@outlook.com

### EXTRAORDINARY MINISTERS OF HOLY COMMUNION

Contact: Betty Boechler bettyboechler@outlook.com

### GARDENING

Contact: Parish Office standrewscathedral@gmail.com 250-388-5571

### HOMEBOUND MINISTRY

Contact: Deacon Philip Yuson pyuson@rcdvictoria.org 250-881-0049

### HOSPITALITY USHERS/GREETERS

Contact: Parish Office standrewscathedral@gmail.com 250-388-5571

### INTERCESSORY PRAYERS

Contact: Annette Turgeon 250-812-0087

### LECTORS

Contact: Bernadette O'Connor 250-896-4136

### REFUGEE COMMITTEE

Contact: Annette Turgeon 250-812-0087

### RESPECT LIFE MINISTRY

Contact: Annette Turgeon 250-812-0087

## Affiliated Organizations

### DEVELOPMENT & PEACE

International humanitarian aid organization  
<https://devp.org/en/> 1-888-234-8533

### SOUP KITCHEN (9-10 CLUB)

Serving soup to the hungry Monday to Friday mornings  
[thesoupkitchen.ca](http://thesoupkitchen.ca) 778-440-7687

### ST. ANDREW'S REGIONAL HIGH SCHOOL (Grades 8 – 12)

[standrewshigh.ca](http://standrewshigh.ca) 250-479-1414

### SOCIETY OF ST. VINCENT DE PAUL

Catholic lay organization dedicated to helping people in need  
[brian.mann7@gmail.com](mailto:brian.mann7@gmail.com) 250-812-5690

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Email: [suppin@sls.ca](mailto:suppin@sls.ca)  
Telephone: 250-940-1298

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