



ST. ANDREW'S CATHEDRAL

740 View Street, Victoria, BC V8W 1J8

Office Hours: Monday to Friday, 8:30 am - 4:00 pm

Phone: 250-388-5571

Email: standrewscathedral@gmail.com

Website: www.standrewscathedral.com

Sacramental Information

Baptism: If you are seeking the Baptism of an infant, please contact the parish office at 250-388-5571. As Baptism is the first Sacrament of initiation into the Christian faith, we expect that the parents (or guardians) desire to raise the child in the Christian faith and will attend Mass regularly.

Upcoming dates available for baptisms will be the weekends of:

— 2025 —	
Prep Class	Baptism
Aug 9	Aug 23/24
Sep 13	Sep 27/28
Nov 8	Nov 22/23

Marriage: Because the Church is deeply concerned about each marriage, couples are asked to give a minimum of six months' notice prior to the intended date of their wedding. Church policy requires that marriages be performed in your home parish – unless you are registered and attend elsewhere.

Funeral: Individual arrangements with a priest. Begin by calling the parish office.

Ministry to the Homebound

If you know of anyone who cannot make it to Mass each week due to sickness or infirmity, and who would like to receive Communion in their home, care homes, or hospital, please contact the parish office by phone (250-388-5571) or by email (standrewscathedral@gmail.com).

St. Andrew's Cathedral Pastoral Council Members

Jonathan Eades (Chairperson)	John Mellis (Vice-Chair)
Maria Arsenault	Faye Baligod
Gladys Bravo	Richard Dunstan
Frank Falzon	Tim McGee
Jim O'Reilly	Chris Ryzuk

Pastoral Staff & Ministries

Bishop of Victoria	Bishop Gary Gordon
Cathedral Rector	Fr. Dean Henderson
Hospital Chaplain / Priest in Residence	Fr. Sean Flynn
Deacon assigned to Parish	Deacon Philip Yuson
Office Manager & Parish Responsible Min. Coordinator	Rita Fichtner
Office Assistant	Matthew Orlowski
Custodian	Steve Thompson
Music Director	Vacant
Sacristan	Sandi Riddett
Respect Life Ministry	Annette Turgeon (250-812-0087)
Finance Committee Chairperson	Dan Hickey

Hospital Chaplain (RJH/VGH) 250-889-3761

Weekday Eucharistic Liturgies

Monday - Friday: 12:10 pm

Weekend Eucharistic Liturgies

Sunday: 9:00 am, 11:00 am, 5:00 pm

Saturday: 5:00 pm

Eucharistic Adoration

Sat. at 9:00 am

Reconciliation

Monday* – Thursday: 11:30 am – 12:00 pm

Friday: 10:30 am – 11:30 am

Saturday: 3:45 pm – 4:45 pm

*No confessions on the 4th Monday of the month.

Welcome! You enter this Church not as a stranger, but as a guest of God. As a baptized person, you enter it as a son or daughter of the Father in Christ. Come in then with humility of mind, joy of heart and thanks on your lips. Acknowledge the Lord's presence in the Tabernacle and adore him. Come in and pause in prayer in the midst of your busy life and its many worries. Be grateful to those who, for the glory of God and in honour of St. Andrew, built this place of worship with faith and sacrifice, and sanctified it with their songs and prayers.

Anyone who wishes to practice the Catholic faith by attending this Cathedral church may consider St. Andrew's as his/her own parish, no matter where one lives on the lower island. You simply need to register:

- ☐ New parishioner
- ☐ Current parishioner (change of address)

Name: _____

Address: _____

Phone (H): _____ (Cell): _____

Email: _____

If you find yourself pregnant and in need of accompaniment during your pregnancy, Respect Life Ministry is here for you. We have a broad means of support during and after the pregnancy. Call Annette at Respect Life Ministry to learn more: 250-812-0087

THIS WEEK IN THE PARISH

Rosary: Mon - Fri at 11:40 am; Sun at 4:30 pm

Perpetual Help Devotions: Wed following 12:10 pm Mass

Cathedral Hours: Mon – Fri 10 am – 4 pm; Sat/Sun 8 am – 6 pm

Mon Jul 21

11:30 am Sacrament of Reconciliation
12:10 pm **MASS** for Marina Pan Ganiba +

Tue Jul 22 ST. MARY MAGDALENE

11:30 am Sacrament of Reconciliation
12:10 pm **MASS** for Maurice St. Hilaire +
6:00 pm Legion of Mary (DCR)
7:00 pm Prayer Group (Zoom)

Wed Jul 23 Parish Office will open at 9:30 am today

11:30 am Sacrament of Reconciliation
12:10 pm **MASS** for Judith Reid +

Thu Jul 24

11:30 am Sacrament of Reconciliation
12:10 pm **MASS** for Elizabeth Plunkett +
7:00 pm Discovery/Source/Growth Faith Study (Parish Centre)

Fri Jul 25 ST. JAMES

10:30 am Sacrament of Reconciliation
12:10 pm **MASS** for Sr. Doris Dupuis +
6:30 pm Couples for Christ (Seghers Hall)

Sat Jul 26 ST. ANNE & ST. JOACHIM

9:00 am Eucharistic Adoration
11:00 am **WEDDING:** Mastel / Sciechowski
3:45 pm Sacrament of Reconciliation
5:00 pm **MASS** for Ryce Cabuyao +

Sun Jul 27 17TH SUNDAY IN ORDINARY TIME

9:00 am **MASS** in Thanksgiving
11:00 am **MASS** for St. Andrew's Cathedral Parishioners
1:00 pm El Shaddai (Seghers Hall)
5:00 pm **MASS** for Int. of Fiona Shore

Mon Jul 28

11:30 am Sacrament of Reconciliation
12:10 pm **MASS** in Thanksgiving

Tue Jul 29 STS. MARTHA, MARY, AND LAZARUS

11:30 am Sacrament of Reconciliation
12:10 pm **MASS** in Thanksgiving
6:00 pm Legion of Mary (DCR)
7:00 pm Prayer Group (Zoom)

Wed Jul 30 Parish Office will open at 9:30 am today

11:30 am Sacrament of Reconciliation
12:10 pm **MASS** for Int. of Patricia Rooke

Thu Jul 31 ST. IGNATIUS OF LOYOLA

11:30 am Sacrament of Reconciliation
12:10 pm **MASS** for Emil Vollmeier +
7:00 pm Discovery/Source/Growth Faith Study (Parish Centre)

Fri Aug 1 ST. ALPHONSUS LIGUORI

10:30 am Sacrament of Reconciliation
12:10 pm **MASS** for Int. of Tesi Carmona Wagner

Sat Aug 2

9:00 am Eucharistic Adoration
1:00 pm **WEDDING:** Haile / Kifle
5:00 pm **MASS** for Int. of Esther Harvey

Sun Aug 3 18TH SUNDAY IN ORDINARY TIME

9:00 am **MASS** for Deceased Members of Bosnjak Family +
11:00 am **MASS** for St. Andrew's Cathedral Parishioners
1:00 pm El Shaddai (Seghers Hall)
5:00 pm **MASS** for Nanette & Elmer Dollente +

Too Busy to Hear God's Word?

Liz Summers

<https://theeverydaydisciple.blogspot.com/>

One of my classmates, Paul, is a deacon in inner-city Glasgow. His dissertation was about the men's Breakfast Club he runs. He said there is an overwhelming sense that people are too busy to volunteer for Christ. Through secular eyes this is true; looking after a family, bringing in an income, coping with health struggles, are all everyday familiar activities in which we wrap ourselves up. There's no room under the blanket for anything else.

This is why the story of Martha and Mary is a wonderful wake up call.

Jesus says, "Martha, Martha, you are anxious and worried about many things. There is need of only one thing. Mary has chosen the better part and it will not be taken from her."

The "better part" is not the role we are comfortable with. St Paul models for us how he lives in his new life. "Now I rejoice in my sufferings for your sake."

Deacon Paul is surrounded by people who are struggling every day of their lives. He is trying to show them they could be a part in something much, much bigger. A better role, just like Mary.

Could we each find a unique role to play in our own Church, our own path to holiness? A place where we can pray our busy-ness aside and, like St Paul, rejoice as we act for Jesus?



Stella Maris Ministry for Seafarers – Mass for Seafarers (July 11, 2025, Memorial of St. Benedict) at Edelweiss Club

From the Rector's Desk
16th & 17th Sundays in Ordinary Time
July 20 & 27, 2025

Unfortunately, I have to continue to beg your prayers for the search for our new Director of Musical Worship. Our committee's yearlong efforts appeared to be successful with one candidate, who last Saturday withdrew the application. I was both surprised and quite grieved as I really thought we were close to having an agreement signed. We'll resume our search and perhaps look further afield while doing our best to learn from this process, and trusting the Lord for His candidate to arrive. In the meantime we'll strive to offer beautiful liturgies with our terrific array of volunteer cantors, choirs and accompanists; albeit a little less rehearsed. St. Cecelia, pray for us!

A little less obvious, except to Parish Council, staff, and those in varied leadership positions, I've been in need of a Pastoral Assistant to solidify and expand the mission of our rapidly growing parish family. With genuine gratitude for the clerical assistance of Dcn Philip (who has a full time secular position on top of his significant ministries), and Fr. Sean Flynn, our resident hospital chaplain who also offers assistance to us at St. Andrew's, I find it almost impossible to keep up. Please add this to your intentions. And by the way, I announced at a Mass last month Fr. Sean's incorrect 20th ordination anniversary date. The correct date is July 17th! Bless you Fr. Sean.

Thankfully, our refugee committee is enjoying the joyous fruit of their labours with two relatively recent arrivals of "newcomers" and God willing, another within two weeks. Praise the Lord that we've been able to assist families who have endured unimaginable suffering to arrive on our shores with hope for a fresh start in the land of the 'true North, strong and free'. God keep our land. God bless all newcomers.

I've joked that the Cathedral parish has three states of activity: busy, busier and busiest. I am reluctant to state it, but after a year of a pace of ministry that I don't think I've ever experienced, we might be entering a lovely slower summer time of being just plain 'busy'. I hope to allow this fallow time to listen a little more attentively to the Lord's voice and seek his direction for this next academic year. I know we'll need a replacement catechist for our Year 2 program of preparations for sacraments of Confirmation and Holy Communion. Already, He's prompting thoughts of ensuring we make the most of the opportunity for seeking the newcomer and making disciples at our weekend Masses. Just at a Mass on Sunday I paused in procession and greeted a young person I had a hunch was a new 'seeker' and discovered it

was true. (I think she was a bit shocked by the unsolicited attention). Regardless, I invited her to join me and few others on Thursday evening for a 'seeker' friendly faith study to introduce the gospel and build up a holy community of friends. Lots of ministry is a bit 'messy' and appears to be slightly unorganized. But, as well as I'd like things well planned, I adhere to the G.K. Chesterton dictum "anything worth doing, is worth doing badly". Join me at our Sunday Masses in welcoming the newcomer and directing them toward active Catholic discipleship.

God bless,
Fr. Dean



The relics of St Andrew at St Mary's Edinburgh. A former parishioner holidaying there sent this picture with a prayer.

Interested in Becoming Catholic?

(RCIA — Rite of Christian Initiation for Adults)



Are you interested in becoming Catholic? Parishes in the city of Victoria are collaborating to offer an opportunity to come together to learn more about our faith through the RCIA program. Sessions focus on the teachings and experience of Church and prepare individuals to celebrate the Sacraments of Baptism, Confirmation, and Eucharist during the Easter season. You are welcome to participate in the process with your questions, your insights and your faith story in a warm, accepting setting. Sessions will be held on Thursday evenings at St. Joseph the Worker Parish beginning in the fall.

For more information or to register for the 2025–2026 year, please contact the parish office at 250-388-5571 or by email at standrewscathedral@gmail.com.

“Get me to the Church on Time”

After a year in the Rector's role, I've been asking for critical comments on the most important reason for our existence: the celebration of the sacraments, especially the Sunday Mass. This is the foundation to our evangelization and disciple-making ministry. Your parish leadership really hopes to both be faithful to the Lord in holy and joyful offering of Word and Sacrament, as well as contributing to an increased sense of community in Christian love. All of this precipitates our outreach and expressions of Gospel compassion to the wider community. By God's grace and some intentional practices, I think we've been successful.

But there's something that needs attention, especially at the 11:00 a.m. Sunday Mass. So many are coming late and are ushered into the sanctuary during the reading of God's Word that it distracts our communal liturgical focus. After much thoughtful prayer I want to recommend some slight changes starting July 20th. I assure the faithful that it is better to come late than never; however it's better to be early than late. Please make an effort to get to Mass prior to the opening hymn. For some who depend on public transportation, or who have small children it can be really difficult and I don't wish to impose any guilt upon you. Believe me I know how hard it can be getting a family to Mass on time. But for some, tardiness is a result of not making Mass a priority and planning accordingly. In order to preserve the proper communal focus on hearing from God's Word, if you arrive after the Gloria, the ushers will be asking you to wait until the Gospel has been proclaimed and children are invited to come for their homily. As they dance up the aisle, latecomers will be invited to take available seats and hopefully then, all can focus on the preaching of God's Word. I hope this will make a positive impact that all will appreciate for the glory of God.

Fr. Dean

Children's Catechist Needed

*"Whoever welcomes one such child in my name welcomes me."
(Matthew 18:5)*

We're looking for another parishioner to volunteer as a children's catechist for the Sacramental Preparation program. You'll be paired up with another catechist and provided with a teacher's manual that gives you all the materials you need for the weekly class on Sundays. If you are a faithful Catholic, regularly practicing your faith, and think you might be called to give of your time to share God's love with little hearts, please contact the parish office as soon as possible to discuss further!

Church Steward Ministry

Dear Friends in Christ,

A vibrant neighborhood isn't just a place you move into—it's a place you help build. I learned this from a realtor who told me, "People buy homes for great schools or pretty streets, but the real magic comes when neighbors invest in one another." The same is true of our parish: beautiful worship and meaningful service flow from people who choose to show up, pitch in, and care for each other.

Our church is the beating heart of our faith. As Jesus promised, "where two or three are gathered in my name, there am I in their midst" (Matthew 18:20). Piling on, consider Peter's guidance, "Each of you should use whatever gift you have received to serve others" (1 Peter 4:10). When we bring our time, talents, and prayers together, the Body of Christ comes alive.

Yes, this is a recruitment appeal—but it's also an invitation to discover deeper purpose and joy. Here's why you can't go wrong by serving:

- Grow your own faith by praying alongside fellow parishioners.
- Build lasting friendships in a community that uplifts you spiritually and socially.
- Uncover hidden gifts—our training team will equip you every step of the way.

Right now, we urgently need more Stewards to cover over 75 monthly shifts. We have 24 Steward volunteers, and this is not enough to cover the need; leaving volunteers to pull double or triple duty! A Steward serves a 2 – 2½ hour shift during which you'll welcome visitors, attend to some "housekeeping duties" and still have time for personal prayer.

Whether you're a planned person who thrives on a regular schedule or someone who can step in at a moment's notice, we need you. The more hands we have, the lighter the load for everyone.

Ready to help build this community? Contact me to join the Steward team.

Let's build God's kingdom together—one small act of service at a time!

Yours In Christ,

Betty

bettyboechler@outlook.com

Text: 306-441-2334



Ministry to Seafarers' News

The Lord is gracious!!! The Mass went well. 20 crew and two guests from one of the ships joined us.

The Lord provided and guided us through this event, from booking the priest, location, contacting the crew, giveaways which included rosaries, pamphlets, medals, money and especially food for the pancit and lumpiang shanghai. The last one called me at 7am to donate more lumpiang shanghai which proved providential. Without us asking, generous people donated \$800. May the Lord bless you abundantly for your generosity.

Everyone was fed well with some take-aways. Some crew would like to have this weekly! The volunteers were well organized.

Please pray a Hail Mary for the following intentions:

- Thanksgiving for the successful event
- Wisdom to plan for the next Mass for the Saturday crew
- Wisdom to plan on how to reach out to the other two ships

Your prayers made this event happen for the glory of God. God bless you all for generously supporting our ministry with prayers.

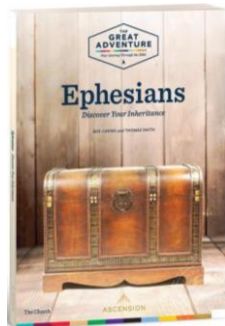
Ut in Omnibus Glorificetur Deus

— Dcn. Philip Yuson

Bible Study

Ephesians: Discover your Inheritance

One of St. Paul's most beloved books, Ephesians, is full of wise advice on how to be a Christ-follower in a secular society. This eight-week study exposes the riches that await us as adopted children and goes into several hotly discussed themes in today's Christian culture and society.



Classes will be held on Wednesdays at 2 pm in-person and 6:30 pm online, from 27th August to 15th October. In-person classes will be at the Cathedral Parish Centre (740 View Street) and online courses will be by Zoom. Please contact the Parish Office to register. Workbooks for the class are \$35 (cash only) and a subsidy is available for anyone in need.



Sacramental Preparation

2025–2026 Registration Now Open!



Registration is now open for the 2025–2026 year of Sacramental Preparation! Children and teens will receive weekly catechesis to help nurture them in the faith and grow as a community while preparing to receive the grace of the sacraments of Reconciliation (Confession), Eucharist (1st Communion), and Confirmation.

Children must be in at least grade 2 and your family should be registered as parishioners of St. Andrew's Cathedral. Our sacramental preparation program is designed as a two-year program running from fall into the spring. Children in Year 1 will prepare for the sacrament of Reconciliation, then in Year 2 they will prepare for the reception of their First Communion as well as Confirmation. Teens will prepare for any sacraments they may have missed in a separate one-year program.

We are anticipating classes to take place on Sundays beginning in September. Further details will be announced a little later in the summer. Regular Mass attendance by parents and children is expected.

Registration forms can be found in the church narthex, at the parish office, or requested via email at standrewscathedral@gmail.com.

Groups to Join at St. Andrew's

BIBLE STUDY

Seasonal guided weekly bible studies. Registration required.

Contact: **Bernadette O'Connor**
bernadette.oconnor@wsp.com 250-896-4136

BREAK FREE MEN'S MINISTRY

Helping men find freedom from impurity.

break.free.victoria@gmail.com 778-587-6421

COUPLES FOR CHRIST

Charismatic community journeying together as families toward holiness

Contact: **Alfred & Rona Biona**
standrewschapter@gmail.com 250-888-8670

SMALL-GROUP FAITH STUDY

Small-group faith study that focuses on the person of Jesus

Contact: **Maria Arsenault** mariabarseno@gmail.com

EL SHADDAI

Charismatic prayer, formation, and fellowship

Contact: **Florita Cadiz**
florleopardas@yahoo.com.hk 250-415-7720

FAMILY MINISTRY

1st Sunday monthly potluck gathering for families with children

Contact: **Andrea & Stephen Collins**
awalkercollins@gmail.com 778-966-4623

KNIGHTS OF COLUMBUS

Catholic men's organization for fellowship, service, and charity

Contact: **Joe Cavin**
joseph.cavin@gmail.com 778-533-0405

KP – FILIPINO CATECHISM OF THE CATHOLIC CHURCH

Fellowship and discipleship, as well as organizing church events rooted in Filipino Catholic traditions.

katesismongpilipino@yahoo.com

LEGION OF MARY

Devotional prayer and works of ministry and mercy

Contact: **Faye Baligod**
faye_baligod@hotmail.com 250-885-8773

MISSIONARY FAMILIES OF CHRIST

Evangelistic community of families empowered by the Holy Spirit

Contact: **Alvin & Michelle Almonte**
mfcvictoriabc@gmail.com 778-350-5922

PEOPLE OF HOPE PRAYER GROUP

Charismatic prayer group that meets weekly online (Zoom)

Contact: **Lynn Weedmark**
hilynn@telus.net 250-477-4700

Affiliated Organizations

DEVELOPMENT & PEACE

International humanitarian aid organization

<https://devp.org/en/> 1-888-234-8533

SOUP KITCHEN (9-10 CLUB)

Serving soup to the hungry Monday to Friday mornings

<https://www.thesoupkitchen.ca/> 778-440-7687

ST. ANDREW'S REGIONAL HIGH SCHOOL

Catholic high school for grades 8-12

<https://standrewshigh.ca/> 250-479-1414

SOCIETY OF ST. VINCENT DE PAUL

Catholic lay organization dedicated to helping people in need

brian.mann7@gmail.com 250-812-5690

Pastoral Ministries

ALTAR SERVERS

Contact: **Ben Ocampo** 250-896-4136

CHURCH STEWARDS

Contact: **Betty Boechler** bettyboechler@outlook.com

EXTRAORDINARY MINISTERS OF HOLY COMMUNION

Contact: **Betty Boechler** bettyboechler@outlook.com

GARDENING

Contact: **Parish Office**
standrewscathedral@gmail.com 250-388-5571

HOMEBOUND MINISTRY

Contact: **Deacon Philip Yuson**
pyuson@rcdvictoria.org 250-881-0049

HOSPITALITY USHERS/GREETERS

Contact: **Parish Office**
standrewscathedral@gmail.com 250-388-5571

LECTORS

Contact: **Bernadette O'Connor** 778-350-5922

REFUGEE COMMITTEE

Contact: **Annette Turgeon** 250-812-0087

RESPECT LIFE MINISTRY

Contact: **Annette Turgeon** 250-812-0087

Ways to Give

1. Pre-Authorized Debit or Credit

Please contact the parish office to request a form to sign up for automatic giving on a regular basis either by pre-authorized debit or by credit card.

2. Online Giving

For expedient giving via Canada Helps, please visit: <https://www.canadahelps.org/en/dn/16980>.

Not only is it the fastest and easiest way to give a one-time donation to the parish, you get a tax receipt right away!



3. e-Transfer

Please direct to saintandrewsoffice@gmail.com and be sure to include your full name in the "Message" box.

4. Church Envelopes

Envelopes may be found in the pews as well as when you enter the cathedral, and can be dropped in the collection basket at any of the weekend Masses or placed in the secure box labelled "Donations" in the narthex. If you plan to give regularly using envelopes, please contact the parish office to arrange to pick up a pre-numbered box of envelopes!

Our Lady of the Rosary Parish

2936 Irwin Road, Langford BC V9B 5Y6

Phone: 250- 478 -3482 Email: olorchurch@rcdvictoria.org

Dear friends in Christ,

Blessings and peace to all on these beautiful summer days. I am writing to seek your support in raising funds to complete the building of Our Lady of the Rosary Parish in Langford. Would you consider making a gift to God to help us reach this goal? We have developed a website called www.buildmychurch.ca where you can contribute.

Although we have been working diligently to stay within budget, tariffs, and post covid construction cost increases and supply chain issues have left us short of funds to finish. Construction is well under way on our almost 40,000 square foot building to finish the hall, meeting rooms, offices, early learning centre, and worship space. We still need to raise 2.8 million dollars to complete the church to welcome our family of faith and serve the Westshore in many capacities as a place to gather and celebrate.

As we embark on this journey, we are reminded of the words of Luke 6:38 *Give, and it will be given to you. A good measure, pressed down, shaken together and running over, will be poured into your lap. For with the measure you use, it will be measured to you.* Your generous contributions will help complete this sacred space where all can gather to celebrate the Eucharist, receive the Sacraments, grow in faith as a Christian community and be a beacon of hope and unity commissioned to go out in peace and glorifying the Lord by our lives.

If you are able, we would appreciate your donation to help us achieve our mission and finish off Our Lady of the Rosary Parish Church in a timely manner. The www.buildmychurch.ca website lists many of our present needs and outlines how you may donate. One-time donations and pledged monthly support plans are ways you may donate, and all donations will receive a tax receipt. For further information, contact the parish office.

Thank you in advance for your contribution and please remember us in your prayers, as we hold you all in ours.



Father William Hann
Pastor Our Lady of the Rosary, Langford, BC
Vicar General
Diocese of Victoria

Stewardship

"...give alms; provide yourselves with purses that do not grow old, with a treasure in the heavens that does not fail." (Luke 12:33)

Operations	May YTD 2025	May YTD 2024
Donations, General	\$ 278,323	\$ 276,388
Expenses	\$ 337,425	\$ 299,872
Deficit	(\$ 59,102)	(\$ 23,484)

News from the Diocese

- Please join the Office of the Bishop in welcoming Teresa Kellendonk, who begins her role as Chancellor for the Diocese of Victoria this week. We look forward to her contributions in this vital position.
- To honour the fifth World Day for Grandparents and the Elderly on Sunday, July 27, the Canadian Conference of Catholic Bishops' Standing Committee for Family and Life has shared a commemorative video. View the video and related materials here: <https://www.cccb.ca/faith-moral-issues/family-and-life/grandparents-and-the-elderly/>
- *Grief to Grace* is a Christ-centered retreat program led by mental health professionals that offers healing for those who have experienced abuse or neglect in any area of life. The next Canadian retreat will take place in Kelowna in late October 2025; for more information, email griegtograncelowna@gmail.com or call 250-808-6403 confidentially.
- Register for the 11th Annual Diocesan Family Camp at <https://www.rcdvictoria.org/family-camp>. Note that the registration deadline is **August 11**. The planning committee is also seeking volunteers to assist with childcare. If you can help, kindly email Kristy at familycamp@rcdvictoria.org.

REPORT SEXUAL ABUSE TO AN INDEPENDENT AGENCY

To report sexual abuse by a clergy member, religious, employee, or volunteer, visit [RCDVictoria.org/Responsible-Ministry](https://www.rcdvictoria.org/Responsible-Ministry) or call: **1-800-968-3146**

To report sexual abuse or cover-up by a Catholic Bishop, visit [BishopReportingSystem.ca](https://www.bishopreportingsystem.ca) or call: **1-866-892-3737**

The parish office will be **closed for lunch** from **12:00 – 12:30 pm** from **August 11 – 27** due to staff holidays.

The parish office will be **closed all day** on **August 28 & 29** for staff holidays, and on **Monday, September 1** for Labour Day. Thank you!

Break Free Men's Ministry

Struggling with purity? Break free from the addictive cycles of lust, pornography, and sexual addiction. The team is planning to start up another group in the fall to help men over the age of 19 find freedom from sins of lust and discover the beauty of God's plan for sexual intimacy, so stay tuned!

In the meantime, you can also connect with the team confidentially at break.free.victoria@gmail.com or 778-587-6421 (call or text). They would be happy to share more information, helpful resources, or help you find accountability if you aren't able to join the group but still want someone to walk with you as you seek purity.

If you're looking for something you can start right away, there is an excellent 3-week detox program from Matt Fradd: <https://www.strive21.com>. It's free, Catholic, and has a lot of helpful tools.

Saint Joseph, pray for us.

Saint John Paul II, pray for us.

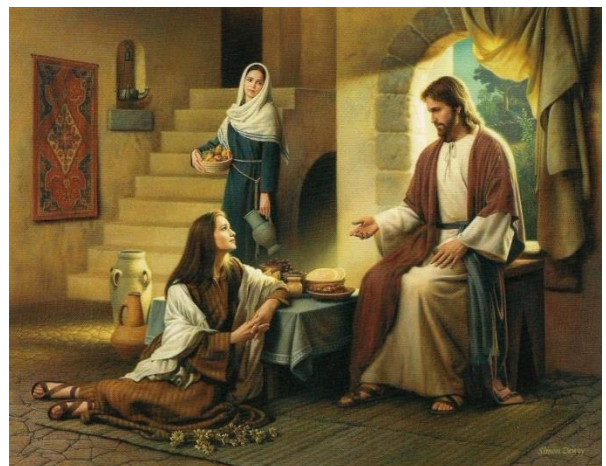
Recollections for men and women



Opus Dei's main activity consists in "*offering people the spiritual means they need to live as good Christians in the midst of the world*" (St. Josemaría Escrivá, founder of Opus Dei). One of these activities is a recollection, a time set aside specifically to go deeper into our relationship with God. We spend some time in conversation with Him—guided by meditation and an examination of conscience. A priest of Opus Dei will be available for spiritual direction and/or confession.

An evening recollection for women will be held on **Monday, July 21st** from **6:15-8pm** at **St Joseph the Worker** parish. It will be preceded by Mass at 5:30pm.

An evening recollection for men will be held on **Tuesday, July 22nd** from **6–8pm** at **Sacred Heart** parish. It will be preceded by Mass at 5:15pm.



Mary and Martha with Jesus